

Yale Center for Emotional Intelligence

Emotions Matter





Yale Center for Emotional Intelligence in Partnership with Putnam | Northern Westchester BOCES Center for Educational Leadership

Emotions drive learning, decision making, creativity, relationships, and health. The Yale Center for Emotional Intelligence uses the power of emotions to create a more effective and compassionate society. The Center conducts research and teaches people of all ages how to develop their emotional intelligence. The well-being and sustainability of our society depends on each of us using our emotions intelligently.

Yale Center for Emotional Intelligence conducts rigorous research on the power of emotions. The Center has created programs that teach emotional intelligence to children and adults so that they have the skills they need to succeed at home, at school, at work, and in their communities.

Launching the Yale Center for Emotional Intelligence - Lower Hudson Valley -

Anchors of Emotional Intelligence Summer/Fall 2017

This highly interactive, two-day institute led by Dr. Marc Brackett and his team provides school administrators and educators (school based leadership teams) with the foundational skills and tools to bring RULER to their school, district, or organization.

RULER is a CASEL SElect, evidence-based approach for social and emotional learning developed by Marc Brackett, Ph.D. and colleagues at the Yale Center for Emotional Intelligence. The Anchors Institute will prepare pilot school teams to implement the skills and tools of emotional intelligence both among staff and in the classroom. With district-level support and development opportunities provided for school leaders, this partnership aims to see large-scale positive shifts in the culture of the district, schools, and broader community.

Benefits of RULER:

- Positive shifts in school climate
- Enhanced academic performance
- Better quality relationships
- Less bullying and aggressive behavior

Implementation:

Schools may send three participants to each training; school based leadership team, a total of two full days and a total of one full day of school leaders training. This school based implementation team, along with the district's and school's leadership will provide turnkey training to the rest of their school's staff. Online resources and ongoing communications and network meetings will support schools in this effort.



Sustainability:

Making Emotional Intelligence a part of your school's culture Years 2 and Beyond...

After the first year of rolling out RULER, schools are encouraged to stay connected to the Yale Center for Emotional Intelligence through the RULER Online Portal, which is comprised of online resources such as PowerPoint slides, handouts, videos, letters to families, curricular materials, and online courses to support implementation and to onboard new faculty and students. The subscription to the RULER Online Portal will aid in the sustainability of RULER through access to timely resources. The subscription includes team coaching and participation in the Emotional Intelligence Network of Schools-Lower Hudson Valley.

Emotional Intelligence Based Leadership Coaching - optional service for participating leaders -

Developed by a multi-disciplinary team of researchers at the Yale Center for Emotional Intelligence, specifically to address the challenges of school leaders, EIBC is comprised of 6 sessions of one-to-one coaching. Coaches have been trained and certified through Star Factor Coaching in conjunction with Yale University and the Hay Group. During these sessions school leaders will:

- explore the relationship between personal and professional vision and effective, creative leadership,
- identify and utilize skill strengths and explore areas where deficiencies may exist,
- set definable and achievable goals
- employ strategies to enhance emotional and social skills in self and others,
- integrate emotional awareness into decision-making, and
- sustain personal and professional development.

An on-line assessment, Emotional and Social Competence Inventory (ESCI), is included as part of the coaching experience.

**Cost: \$7500* per school - 30 schools to be admitted for Anchor Training
\$2350 per 6 sessions of optional Coaching for district leaders
\$1200 per School Sustainability Subscription**

*** Districts have the option of making one complete payment
by May 1 or splitting the payment: \$3500 due May 1 and \$4000 due July 30**

Please join us on December 19,
when Marc Brackett will
share information about the new
Yale Center for Emotional Intelligence
- Lower Hudson Valley -

Program Plan and Dates (Implementation 2017-2018 School Year)

- **Part 1 of Anchor Training: 1.5 days**
June 27, 28, one half day for school leaders (3 district level leaders per district), one full day for school based leadership teams (includes building leader and two staff members identified by each school). Training led by Dr. Marc Brackett and his team.
- **Part 2 of Anchor Training: 1.5 days**
Sept 19, 20, one half day for school leaders (3 district level leaders per school district), one full day for school based leadership teams (includes building leader and two staff members identified by each school). Training led by Dr. Marc Brackett and his team.
- **Access to online courses to include Foundations of Emotional Intelligence and Conflict Resolution and Problem Solving with the Blueprint.**
- **Four web-based or phone coaching sessions (for leadership teams, to be used over the academic year immediately following the training).**
- **Access to the RULER Online Community Platform which includes comprehensive curricular resources and monthly newsletters to support implementation.**
- **Participation in the Emotional Intelligence Network of Schools-Lower Hudson Valley.**
- **Participation in Spring follow-up half day training led by Yale CEI on April 17, 2018.**

Awareness Session II - half day offered to 30 new schools on the afternoon of April 17, 2018 with Marc Brackett



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Marc Brackett, Ph.D., is Director of the Yale Center for Emotional Intelligence and Professor in the Child Study Center at Yale University. His grant-funded research focuses on the role of emotional intelligence in learning, decision making, relationship quality, well-being, performance, and organizational climate. Marc is the lead developer of RULER, an evidence-based approach to social and emotional learning that has been adopted by over 1000 public, charter, and private schools across the United States and in other countries, including Australia, England, Italy, Mexico, and Spain. RULER infuses emotional intelligence into the fabric of a school through training for school leaders, educators and staff, students, and families, and has been shown to enhance wellbeing, academic performance, and school climate.

Marc has published over 100 scholarly articles and is the recipient of numerous awards, including the Joseph E. Zins award for his research on emotional intelligence in schools. His research is featured regularly in popular media, including the New York Times, Time Magazine, and National Public Radio. Marc regularly consults with school systems and companies around the world, including Schwab and Goldman Sachs, and for the last four years he has worked with Facebook to develop tools that help adults and children develop emotional intelligence and resolve online conflict.

The Center for Educational Leadership located at the Putnam|Northern Westchester BOCES, provides high quality, professional development and training programs and services that are economical, flexible and cutting-edge. All offerings are anchored in the current realities of school leadership. Additionally this new initiative will be supported by the Guidance and Child Study Center; leaders in supporting the social and emotional well-being of students in the region. We are excited about our newest partnership with the CEI which brings Dr. Marc Brackett and his outstanding team to our region, allowing districts to engage in a wide range of activities to acquire the resources and skills to support emotional development within their schools.



Yale Center for Emotional Intelligence

To request an application packet please contact:

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